RICHARDS MIDDLE SCHOOL

Mandatory interest meeting Friday, April 21, 2023

Tryouts Information Sheet

### Monday thru Wednesday

May 1 & May 2 Cheer clinic

4:30-6:00 in Richards Middle School Cafeteria

Tryout Day: Thursday, May 3rd in person4:30PM – 6:00PM (Approximate)   
RMS Cafeteria  
parent meeting Thursday, May 9, 2023 @ 5:00 in the cafeteria

Please submit the following to Coach East by Thursday, April, 20, 2023 at 4:00pm. For those who wish to drop paperwork off in the main office, there will be a box set up for the paperwork to be dropped into. You may also email the forms to Coach East ([East.Tanner.E@muscogee.k12.ga.us](mailto:East.Tanner.E@muscogee.k12.ga.us)). The coaches will have a list of candidates who have completed each of the necessary forms at the parent meeting on April 21. If you need to check to see if you are missing any forms prior to the April 20 cut off, please email Coach East. A blank copy of all of the forms needed for tryouts can be found under the tryouts tab on the cheerleading website.

(<http://richardsmiddleschoolcheerleaders.weebly.com/tryouts.html>)

**Rising 6th, 7th and 8th Graders MUST turn in:**

1. **Concussion Awareness Form**
2. **Sudden Cardiac Arrest Awareness Form**
3. **MUSCOGEE COUNTY ATHLETICS: Assumption of Risk & Waiver of Liability**
4. **COPY of Physical Form**-No Originals-On file unexpired Physicals will be accepted
5. Signed Copy of the **Cheerleading Demerit Form**
6. **Teacher Recommendation** **(2)**
7. **RMS RTI for Athletics form**

**In addition Rising 6th Graders MUST turn in:**

1. **COPY** of whichever letter applies to your situation:

* Proof of Address for Attendance Zone
* Magnet Acceptance Letter

THE PAPERWORK ABOVE IS MANDATORY.

PLEASE MAKE SURE YOU FILL OUT ALL OF THE FORMS COMPLETELY.

#### Tryout Requirements and Procedures:

1. In order to be eligible for tryouts, you must submit all required paperwork to Coach East by Thursday, April 21st at 4:00pm. Scan the QR code on the flyer to access the cheerleading website. You can find a blank copy of the forms on the website under tryouts.
2. Suggested appropriate clothing for tryouts, do not go out and purchase clothing for tryouts:
   * Shorts-appropriate for practice (preferably navy/black)
   * White tee (no cheer logos/gym names etc.)...or RMS t-shirts...
   * White tennis shoes with white socks
   * Hair pulled back off of shoulders
   * No Jewelry
3. Family and friends may not be present at tryouts. Tryouts will consist of the judges, coaches, candidates, and current/former cheerleaders assigned to help out. Candidates will be judged three at a time.
4. Please remember that being on a cheerleading squad last year in no way guarantees you a spot on the team for this year. Every student must go through the same selection process.
5. Each candidate will be judged based on the following criteria:
   * Criteria for Chants, Cheer Dance, Jumps (15 points possible): Communication, Motion, Technique
   * Recommendations (40 points possible): maturity, dependability, cooperation, behavior/attitude, grades.
   * Bonus Points (3 points possible) run-on/run-off, tumbling, RMS attire or spirit wear.
6. The score sheets will be tallied and the squad members will be posted on the front doors of the school by 4:00 PM on Thursday, May 4, 2023. Results are final. Candidates must tryout to make the team. The results will also be able to be seen on the cheerleading website by 4:00 PM.
7. Please adhere to the following rules during tryouts:
   * Be kind and considerate
   * You must warm-up, in order to participate
   * You must participate each day
   * Bring a water bottle/Gatorade each day...you will need it!
   * Ultimately, be ready to BRING IT!
8. On the day of tryouts, the girls will try out in groups of three. These groups will be decided on during the last day of the cheer clinic. The girls will be free to leave once their group has completed the tryout process. If they stay, they will need to be picked up no later than 6:00 at the Richards cafeteria.

## Cheer Cost Information tentative

You are responsible for the following (through donations, fundraising, or payment cash or check made out to Richards Middle School):

Uniforms (fitted for individual-shell, body liner, skirt, shoes)

Briefs & Socks

Shoes

Camp (Tentatively in July) <file:///C:/Users/e033653/Downloads/release_form_columbus.pdf>

Bag and Poms

Rain Coat

Warm-Ups (jacket and pants)

Practice Outfit (shorts/t-shirts)

Hair Accessories

Total: $ 475.00

In an effort to make things more like high school, parents will have three options:

1. Pay the $450.00 for all the items above.
2. Participate in fundraisers to decrease the out of pocket costs above.
3. Find family, friends, co-workers, etc. that will sponsor you.

We understand that this is a large sum of money, however, we want your child to have the best at all events. If for any reason your child leaves the squad (whether by choice or termination), NO REFUND will be given. All items are purchased for your individual child, so please keep in mind that you will not get any portion of your money returned.

#### PAYMENT DATES TENTATIVE:

With cheerleading fees being $4750.00, there will be three payment deadlines offered:   
First Payment of $158 due May 9th   
Second Payment of $158 due June 5th

Remaining balance of $159 due July 30th

If you decide to raise all or partial funds through fundraisers, all costs MUST be "zeroed out" on the final due date.

We will contact parents periodically and let them know where and when to pay exactly. We will also let you know your child's balance.

You can be reached the coach via email at [East.Tanner.E@musocgee.k12.ga.us](mailto:East.Tanner.E@musocgee.k12.ga.us). You may also reach the assistant coach at [2021rmscheer@gmail.com](mailto:2021rmscheer@gmail.com). Please adhere to all guidelines and due dates.